

Waging Peace: Lesson Plan for 5 Sessions

Based on Robert Kyr's *Waging Peace* choral work with lyrics from the Baton Rouge community
(For Adults, Women's Groups, Sunday School, Youth, Men's Breakfast, Monthly Discussions)

FIVE-SESSION LESSON PLAN

Objective: To inspire each participant to wage peace in his or her life
To integrate the 5-step process of waging peace into daily practice
To use the *Waging Peace* music, lyrics and narration as a tool to stimulate discussion, reflection, and action (specifically to wage peace)

Time Frame: 50-minute class per session

Schedule:

Session #1	Movement 1- Listen
Session #2	Movement 2 - Understand
Session #3	Movement 3 - Forgive
Session #4	Movement 4 - Collaborate
Session #5	Movement 5 - Proclaim

Weekly Lesson Plan (Same pattern each session.)

CHECK-IN Make sure each person has:

- a copy of the lyrics and narration
- a pen or pencil
- chair and space to reflect

Remind everyone to respect the process, each other, and those who contributed their words for the lyrics.

SUPPLIES:

- CD of *Waging Peace*
- CD player (computer with speakers)
- Handout: Overview
- Handout: Lyrics
- Pencils and Pens
- 3 x 5 cards

Step 1: LISTEN Play the assigned movement of the *Waging Peace* CD – both narration and music.
Focus Question: What is being said by the Baton Rouge residents who contributed their words?

Note: At this point, repeat the primary points. Do not interpret or expand on the lyrics and narration. Simply try to accurately listen and hear the words.

Step 2: UNDERSTAND Take time to read aloud the lyrics and ask participants to mark key phrases and words which have meaning.

Focus Question: What do these words say to you and where do I find myself?

Note: Step 2 begins a process of internalizing and processing what has been heard.

Step 3: PRAY/FORGIVE Allow time for silent reflection. Listen prayerfully.

Focus Question: As you experience this movement, what are your prayers?

Note: These prayers might be shared aloud or silently.

Step 4: COLLABORATE Make a shift from prayer to collaboration with others

Focus Question: What can "you" do where you are to wage peace? How might we collaborate?

Step 5: PROCLAIM Pass out a 3 x 5 card to each person. Write your answer to the following question.

Focus Question: How might you practice this 5-step process of waging peace?

Go and Proclaim!